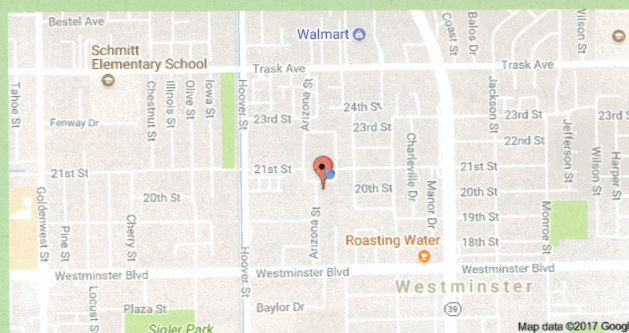




Community Based Adult Services Adult Day Care (formerly Adult Day Health Care)

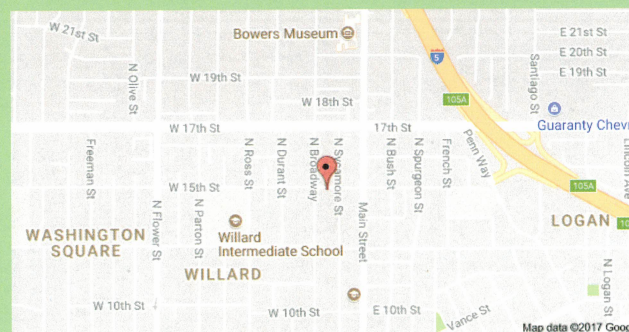
Call TODAY to learn more about
Community Based Adult Services!

ABC Westminster Day Health Center

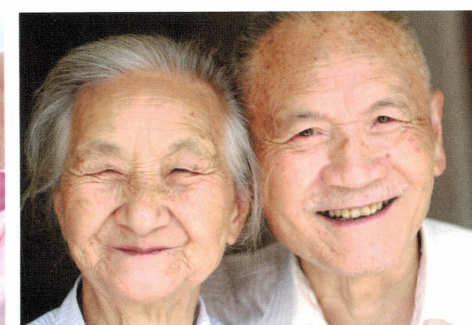
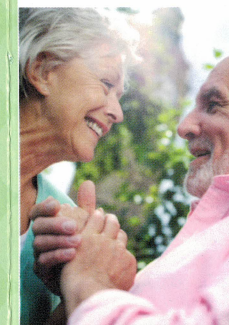


202 Hospital Circle
Westminster, CA 92683

ABC Santa Ana Day Health Center



206 W. 15th Street
Santa Ana, CA 92701



Community Based Adult Services Adult Day Health Care

ABC Westminster Day Health Center

202 Hospital Circle
Westminster, CA 92683

Ph: 714-894-5880

Fax: 714-894-5879

ABC Santa Ana Day Health Center

206 W. 15th Street
Santa Ana, CA 92701

Ph: 657-210-2379

Fax: 657-210-2376

Email: admin@abcadhc.com

Website: www.abcadhc.com

When loved ones begin experiencing a decrease in physical, mental or social functioning, it can be difficult for the entire family. Family members may be able to assist at home, but busy schedules can make caregiving difficult. Your loved ones may need support, but want independence and social interaction during the day. Fortunately, there is a place nearby that will provide your loved ones with the care, respect and independence they deserve.

The comforts of home just for the day...

Community Based Adult Services:

CBAS provides an organized day program of services in a community group setting for the purpose of supporting older adults' personal independence, and promoting social, physical, and emotional well-being.

Who benefits from CBAS?

ABC Westminster serves those who cannot stay at home alone due to any of the following:

- * Frail health
- * Conditions that require physical, occupational or speech therapies
- * High Blood Pressure, diabetes or heart disease
- * Memory impairments (Alzheimer's Disease or Dementia)
- * May benefit from exercise and proper nutrition
- * Require some assistance to remain as independent as possible
- * Caregiver who looks after their well-being needs to work or needs a break
- * Have some problems with incontinence
- * Need to socialize with others with similar situations
- * Wheelchair bound
- * High risk of fall



Services:

- * Nursing and personal care
- * Fun therapeutic and recreational activities
- * Restorative therapies:
 - Physical therapy
 - Occupational therapy
 - Speech therapy
- * Psychological counseling
- * Supervised by professional staff
- * Respite for caregivers
- * Hot meals and snacks
- * Social work services
- * Nutritional counseling
- * Transportation to and from home
- * Services in English, Spanish, Vietnamese and Chinese

Recreational Activities

- * Social Interaction
- * Memory Stimulation and Table Games
- * Music and Sing-a-longs
- * Arts and Crafts

Costs

We work with each family to ensure that services are available to those in need. Medi-Cal, Managed Care Plans (Cal-Optima), Long-Term Care Insurance and private pay are options. For more information on costs and eligibility, please contact us.

Hours of Operation

Monday - Friday
8:00 a.m. to 4:30 p.m.

ABC Westminster Day Health Center
Ph: 714-894-5880 / Fax: 714-894-5879

ABC Santa Ana Day Health Center
Ph: 657-210-2379 / Fax: 657-210-2376

Contact us to schedule an assessment and FREE trial visit.